

Attachment D

Program Information Summaries

Child Nutrition Education

March is National Nutrition Month, a time to celebrate children's healthy eating. More than 105 Head Start parents participated in nutrition training in Alhambra, Cartwright, and the Washington Elementary School District from March 4 through 19. Parents received information on appropriate food portions, healthy snacks, and the importance of children trying new foods. Each parent received a "My Plate," a child's plate divided by the five major food groups indicating the appropriate amount for each meal.

Head Start Families Visit the Arizona Science Center

On March 9, thirty children and their parents who had participated in the Greater Phoenix Urban League's Male Literacy Night went to the science center as an extension of the books read during the literacy night. Children and their parents interacted with the many age-appropriate activities at the center. The City of Phoenix's Youth and Education Office provided the tickets through the Great Start program. Head Start Birth to Five staff were onsite to welcome children and parents.

Head Start Parent Resource Fair

On March 8, Head Start Birth to Five staff held a resource fair for more than 50 parents at Pendergast Learning Center in conjunction with a field day event. The parents were provided opportunities to get a library card, obtain information about teen summer work experience and parenting workshops, enroll children in summer programs, and learn how to advocate for their children.

Region 9 Head Start Science, Technology, Engineering, and Math (S.T.E.M) Institute

On March 20 – 22, Region 9 Head Start Association hosted the annual S.T.E.M. institute at the Sheraton Phoenix Downtown. Twenty Head Start Birth to Five staff attended the institute, with more than 400 attendees from California, Nevada, Hawaii, and the Outer Pacific Islands. Four Birth to Five staff were presenters during the institute. Staff learned how to embed S.T.E.M. activities in the curriculum for Head Start and Early Head Start children.