

## ATTACHMENT D

### Program Information Summaries

#### *School Readiness Module: My Home is a Learning Environment*

On March 5, Head Start Birth to Five staff conducted a School Readiness training at Alhambra Preschool Academy titled “My Home is a Learning Environment.” Two sessions were offered to parents: a Spanish session in the morning and an English session in the afternoon. A total of 11 families participated in the training. Families received a booklet with activities designed to support their children’s development within the home environment.

#### *School Readiness Module: Partnership for Success*

On March 18, Head Start Birth to Five caseworkers facilitated a School Readiness Partnership for Success workshop at the MC Cash School through the Greater Phoenix Urban League Head Start. Families received training on defining school readiness, exploring the five learning domains, and understanding school readiness goals. They also reviewed how young children learn and identified ways to support learning through play at home.

#### *School Readiness Module: Self-Regulation*

On March 5 and 29, Head Start Birth to Five caseworkers facilitated two Self-Regulation, Attachment, and Relationships workshops at the Greater Phoenix Urban League Byron A. Barry Preschool and Cartwright Early Childcare Center sites. Families learned how to define mental health in early childhood, understand self-regulation and its connection to school readiness, and recognize the importance of healthy attachments and relationships.

#### *Deer Valley Head Start Annual Picnic*

On March 12, Deer Valley Head Start hosted its annual picnic at Sunrise Elementary for children and families. The event included family activities such as a bubble machine, games, a trail mix station, and an educational shape-sorting table. Every family received pizza and an educational item. Over 350 people attended.